

Picatinny Arsenal

Spring Menu 2014

Week 1



Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

Approved By:

BOB A. WOOD MS RD LD
21 Feb 14

All foods for Infant Menu is diced to 1/4 inch from kitchen

	Components	Monday	Tuesday	Wednesday	Thursday	Friday
B	Fluid Milk	Milk	Milk	Milk	Milk	Milk
R	Bread or Bread Alternate	Oatmeal	Croissant/Turkey Sausage Patty	Warm Bagel/Cream Cheese and Jelly	Whole Grain French Toast	Cold Cereal Cheerios
E	Fruit, Vegetable, or Full Strength Juice (Optional)	Peaches	Mandarin Orange	Apricots	Diced Apples	Banana
A						
K						
F						
A						
S						
T						
L	Fluid Milk	Milk	Milk	Milk	Milk	Milk
U	Meat Or Meat Alt.	Chicken Tenders	Whole Wheat Macaroni and Cheese with Diced Ham	Spanish Chili (Ground Turkey, Onion, Diced Green Peppers, Tomato Sauce)	Cheese Steak Sandwich	White Pizza Ricotta cheese/Mozz cheese
N						
C						
H						
	Vegetable Or Fruit	Country Vegetable Blend	Cal. Vegetable Blend	Corn	Green Beans	Broccoli
	Vegetable Or Fruit	Applesauce	Fruit Cocktail	Diced Pears	Peaches	Pineapple Tidbits
	Bread or Bread Alt. (Optional)	Whole Wheat Dinner Roll		Brown Rice	Sub Roll	Whole Wheat Pizza Sheets
	Choose 2 of these 4:					
S	Fluid Milk		Milk			Milk
N						
A	Meat or Meat Alternate	String Cheese		Sliced Ham	Yogurt	
C	Fruit, Vegetable, or 100% Juice				Juice	
k	Bread or Bread Equivalent	Saltine Crackers	Nutri Grain Bar Apple	Wheat Crackers		Oatmeal Raisin Cookie
	Additional Food(optional)	Water		Water		

Picatinny Arsenal Spring Menu 2014 Week 2

Spring

Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.
Approved By: *BOB CAWBOO, MS RD LO*
21 Feb 14

All foods for Infant Menu is diced to ¼ inch from kitchen

	Components	Monday	Tuesday	Wednesday	Thursday	Friday
B R E A D A L T E R N A T E	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Alternate	Cold Cereal Cheerios	Egg Patty/Biscuit	Warm Bagel/Cream cheese and Jelly	Blueberry Pancakes	Cold Cereal Life
	Fruit, Vegetable, or Full Strength Juice	Fruit Cocktail	Peaches	Apricots	Applesauce	Bananas
	Additional Food (Optional)					
	Fluid Milk	Milk	Milk	Milk	Milk	Milk
L U N C H	Meat Or Meat Alt.	Roasted Sliced Turkey/Turkey Gravy	Baked Meatloaf/Beef Gravy	Mexican Chicken Diced Chicken	Grilled Cheese	Fish Fillet
	Vegetable Or Fruit	Green Beans	Carrot Coins	Diced Tomato, Beans	Tomato Soup	Sweet Potato Fries
	Vegetable Or Fruit	Apricots	Fresh Orange	Pineapple Tidbits	Apple <2 Apple Sauce	Pears
	Bread or Bread Alt.	Stuffing	Mashed Potatoes	Soft Wheat Tortilla Wrap	Whole Wheat Bread	Soft Roll
	(Optional)					
S N A C K	Choose 2 of these 4:					
	Fluid Milk		Milk	Milk		Milk
	Meat or Meat Alternate	Cheese Slice			Chicken Nuggets	
	Fruit, Vegetable, or 100% Juice		Fruit Salad		Juice	
	Bread or Bread Equivalent	Whole Wheat Crackers <Hi Ho Crackers		Gold Fish		Happy Birthday Cupcakes
		Water				

Picatinny Arsenal Spring Menu 2014 Week 3



All foods for Infant Menu is diced to ¼ inch from kitchen

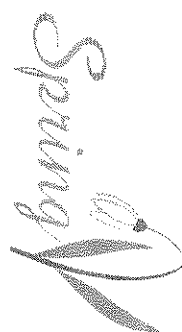
Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

Approved By:

RBQ & CW
21 Feb 14

	Components	Monday	Tuesday	Wednesday	Thursday	Friday
B	Fluid Milk	Milk	Milk	Milk	Milk	Milk
R	Bread or Bread	Whole Grain French Toast	Egg Patty/English Muffins	Oatmeal	Whole Grain Waffle	Cold Cereal
A	Alternate	Applesauce	Apricots	Peaches	Diced Apples	Banana
K	Fruit, Vegetable, or Full Strength Juice					
F	Additional Food (Optional)					
A						
S						
T						
L	Fluid Milk	Milk	Milk	Milk	Milk	Milk
U	Meat Or Meat Alt.	Chicken Tenders	Baked Ham	Turkey Tacos	Swedish Meatballs/Beef Gravy & Sour Cream	Cheese Pizza
N						
C	Vegetable Or Fruit	Sweet Potato Fries	Baked Beans	Lettuce/Tomato & Cheddar Cheese	Carrot coins <2 Diced	Broccoli
H	Vegetable Or Fruit	Diced Pears	Pineapple Tidbits	Mandarin Orange	Fruit Cocktail	Pineapple Tidbits
	Bread or Bread Alt.	Whole Wheat Dinner Roll	Whole Wheat Bread	Soft Wheat Tortilla Wrap	Egg Noodles	Whole Wheat Pizza Sheets
	(Optional)					
S	Choose 2 of these 4:					
N	Fluid Milk			Milk		Milk
A	Meat or Meat Alternate	Cheese Slice	Yogurt		Fish Sticks	
C	Fruit, Vegetable, or 100% Juice		Pineapple		Juice	Orange <2 Mandarin Orange
k						
	Bread or Bread Equivalent	Harvest Sun Chips <2 Gold Fish		Blueberry Muffin		
		Water	Water			

Picatinny Arsenal Spring Menu 2014



Week 4 All foods for Infant Menu is diced to 1/4 inch from kitchen

Please Note: Menu substitutions may be made at the discretion of the Kitchen to accommodate for center celebrations.

Approved By:

BAKED CUSCO M ROLD
21 FEB 14

	Components	Monday	Tuesday	Wednesday	Thursday	Friday
B R E A K F A S T	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Alternate	Oatmeal	Cold Cereal Life	Bagel with cream cheese and jelly	Whole Wheat French Toast	Cold Cereal Kix
	Fruit, Vegetable, or Full Strength Juice	Peaches	Mandarin Orange	Apricots	Applesauce	Banana
	Additional Food (Optional)					
	Fluid Milk	Milk	Milk	Milk	Milk	Milk
L U N C H	Meat Or Meat Alt.	Pork Riblet with Barbeque Sauce	Ground Turkey Shepherd's Pie	Cheddar Cheese Quiche	Barbeque Chicken	Loaded Baked Potato, Diced Ham Cheddar Cheese, Sour cream
	Vegetable Or Fruit	Veggie Baked Beans	Creamed Corn, Diced Carrots, Mashed Potatoes	Green Beans	Beans	Broccoli
	Vegetable Or Fruit	Pineapple Tidbits	Diced Apples	Orange	Pears	Mixed Fruit
	Bread or Bread Alt.	Corn Muffin	Whole Wheat Dinner Roll	Pie Crust	Whole Wheat Bread	
	(Optional)					
S N A C K	Choose 2 of these 4:					
	Fluid Milk	Milk				Milk
	Meat or Meat Alternate		Yogurt	Sliced Turkey	String Cheese	
	Fruit, Vegetable, or 100% Juice					Apple <2 Applesauce
	Bread or Bread Equivalent	Soft Pretzels <2 Goldfish	Vanilla Wafers	Wheat Tortilla Wrap Soft	Multi Grain Sun Chips <2 Crackers	
			Water	Water	Water	